

**Central Iowa Intergroup June 2024 Meeting Minutes**  
**“Responsibility Pledge”**  
**Always to extend the hand and heart of OA**  
**To all who share my compulsion;**  
**For this I am responsible**

**July 2024 Meeting Minutes**

**Attendees:** Traci V, Michele B, Jean L, Jean J, Diana W, Karen W, Judy T., Dian H, Sherri A, Marcia N.

**Important points to share with OA Meetings**

1. We need members for Intergroup. Open positions needed are Treasurer, Vice-chair and WSBC Delegate. If you would like the description of these positions, they are on the website under the menu tab “Intergroup.” Requirements may be waived for a person committed to this service.
2. Intergroup would like to encourage sponsors to ask their sponsees to do service to meetings, Intergroup, and sponsors, as appropriate to the individual.
3. Region 3 is paying to send Judy R, vice-chair, to do a Workshop on Traditions and Service at the state convention, Saturday, Sept. 21 at 1:00. (State convention is 9/20-9/21)
4. The website URL is now oacentraliowa.org. The oadsm.org and oa-dsm.org shortcuts still work. The old website address is now forwarding to the new one.

**Secretary:** Minutes were approved for June.

**Treasurer’s Report for June 2024:** Michele B.

Beginning Balance:	\$ 4,771.02
Income:	\$ 254.00
Expenses:	\$ 343.82
Ending Balance:	\$ 4,153.59
Prudent reserve	\$ 1,200.00
Available to Spend:	\$ 2,953.09

Treasurer’s report was approved.

## Central Iowa Intergroup June 2024 Meeting Minutes

### “Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

#### **Chair’s Report:** Traci V

- Traci sent an email to the contact of Greater Heartland IG and she is waiting for a response back. She was told they would take it to their IG and she will follow up after the end of July.

#### **Region III Rep:**

- Christy B has resigned from the position.

#### **Website Manager:** Jean L.

- The new website address is oacentraliowa.org. Shortcuts oadsm.org and oa-dsm.org still work and they now go the new website address.
- The transition to the new website address has been in progress since June 21.
- Jean has been following the activity of our website service provider, Alex Carlson at Digital Pop Consulting, and testing changes as they are made. Jean did not know that the process would take this long before the transition started.
- Google search still has data stored to reference the old website address and problems come up that either will take time or are addressed as they are identified. A Google utility is running to update links.

#### **Public Information Professional Outreach:** Dian H.

- Facebook ads are still generating contacts for us and the ads have been continued.
- Dian sent a request for \$500 to Region 3 as part of one of their programs for public information. This will help continue Facebook ads. The Region 3 treasurer has been impacted by hurricane Beryl so response is delayed.
- OnMedia approached us about public information because they had seen our billboards and bus ad. Dian and Rob H plan to schedule a meeting with them.
- Diana W shared that she saw an OA recovery letter in the Dear Abby column in the Des Moines Register. It is available on Google from other papers that do not charge.

## Central Iowa Intergroup June 2024 Meeting Minutes

### “Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

### Old Business from June:

- Treasurer requested budget proposals due July 1, 2024 from the Website Manager and PIPO Coordinator. They still need to be turned in.
- Elections. People are not stepping up for intergroup service. Traci has been feeling as though it is her job to get people. Marcia reminded us that previous Intergroup boards have had nominating committees to find candidates. Other members have found replacements for their positions as it becomes time for a new person.
- Traci asked everyone to help find people to fill the positions of the Secretary, Treasurer, Region III rep, WSO Delegate, and Website Manager.
- Judy T said she would give careful consideration to being secretary and subsequently agreed to take the position.
- Marcia N has agreed to be Region III Rep.
- Jean L would like to continue as website manager for another year to stabilize the website and budget.

### New Business

- Intergroup reports. Traci has heard that not all meetings are having regular business meetings. She was concerned about intergroup reports not being made. Diana W shared that she gives the intergroup report during announcements and that was suggested as an alternative.
- Yearly events. Traci distributed a proposed calendar for consideration and discussion at future meetings.
- Traci expressed concern about not having enough sponsors. Marcia suggested that we may want to have a workshop on sponsorship and service. It was suggested that sponsors encourage their sponsees to sponsor and to do other service.
- Discussed starting another newcomers meeting or possibly having workshops to go through the Where Do I Start? Pamphlet. Judy T said she would contact Karen B or Kerri K to get their format.
- Jean shared that she has used the outline on ao.org for temporary sponsorship. It is designed to work with a sponsee for the first 12 days. Then they can find a sponsor to work all of the steps or continue with the temporary sponsor. It's easy and temporary sponsees have found it to be helpful. Sherri said it was helpful for her to have someone to work with at the start and it only takes about 20 minutes

## Central Iowa Intergroup June 2024 Meeting Minutes

### “Responsibility Pledge”

**Always to extend the hand and heart of OA**

**To all who share my compulsion;**

**For this I am responsible**

a day. The outline can be found in the oa.org document library at this link:

[Temporary Sponsors – The First 12 Days.](#)

- Jean suggested that we all consider the 7<sup>th</sup> tradition. No one person should be doing a large part of the work. Our central Iowa intergroup is not self-supporting if members of central Iowa meetings are not sharing in the work of Intergroup. Jean volunteered to do the minutes for the July meeting because Traci said previously that she would not continue as secretary. Rotation was suggested, but then Judy T. agreed to be secretary.
- Traci asked to discuss having Intergroup meetings less frequently at the August meeting.

Meeting adjourned 11:45 AM

Submitted by Jean L.