

Central Iowa Intergroup April Meeting Minutes
“Responsibility Pledge”
Always to extend the hand and heart of OA
To all who share my compulsion;
For this I am responsible

Date/Time: April 2024 Agenda at 10:30 AM – Noon.

Introductions: Please rename yourself on zoom and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer.

Readings: Tradition 4/Concept 4 – Dian M

Attendees: Traci, Dian, Jean L, Jean J, Judy T, Christy B, Diana, Karen – I apologize if I forgot someone.

Important facts to share with OA Meetings

1. **WE NEED YOU TO DO SERVICE!!** Elections-Vacant positions are: Vice Chair, Secretary, Treasurer, WSBC Delegate, and Website Manager. We need an intergroup to do the background work for our OA meetings. What happens if we don't have an intergroup? The individual OA meetings will be covering the costs for OA events, OA meetings will have to take the initiative to plan yearly events, we will not have a say at Region 3 or at WSO. If you are interested get in contact with Traci at 641-750-7228. If you are interested, please come to the next Intergroup meeting on May 11th starting at 10:30 am. You can let Traci know if you need an invite on zoom or you can get to the meeting from the website as well.
2. **SERVICE OPPORTUNITY!!** The Iowa Mental Health Association event at The Sheraton in West Des Moines on May 9th and 10th is coming soon. We need volunteers to sit at a booth to relay information and answer questions for an hour or two. There is a sign-up sheet posted on the website on the slider. Click the link and it will take you to Sign-Up Genius where you can pick a time to volunteer, or you can contact Dian at 515-689-5957.
3. Region 3 is planning a way to welcome us. More details coming soon.
4. **Change: Game Day Event at the Central Presbyterian Church on May 25th from 10:30 am – 2:00 pm.** You can bring lunch if you like. More details are posted on the website.

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Secretary report for March 2024: Traci

- Secretary minutes approved.

Treasurer’s Report for March 2024: Michele B.

- Beginning Balance: \$7,242.10
- Incoming Balance: \$0.00
- Outgoing Balance: \$100.00-Facebook Ads
- Ending Balance: \$5,942.10
- Minus prudent reserve of \$1200.00

- Treasurer’s report is approved.

Chair’s Report: Traci V

- Region 3 is planning a way to welcome us.
- Region 3 sent out an Eblast newsletter and I will send it out to everyone.
- I have typed up a document with some information on Region 3 board members and contact information.

Region IV Rep: Christy B

The Assembly was about saying our final good-byes and just wrapping things up with region 4.

Website Manager: Jean L.

- Jean proposed changing our abstinence reading to take away the part that says 2021 business conference approved.

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- Traci asked if we could do that or is that something that WSO does. Jean will look it up on the WSO website and make sure we have the same thing. Tabled until next meeting.
- The website name. We changed our website host and had a glitch when Alex did a backup, and it is a little tricky. We need to choose a new website name due to region 4 disbanding. I suggest doing ocentralia.org. We will still have three URL's(Website addresses) oadsm.org, oa-dsm.org, and ocentralia.org. This will redirect you to the same website no matter which one you use.
- Changed the meeting calendar. When you select the local meeting calendar you could not see the meetings listed and now you will see a list.

Public Information Public Outreach: Dian M

- We have extended the Facebook ads for another month. We have received a lot of comments and reaches.
- Rob and Judy T are replying to the comments and questions.
- Iowa Mental Health Association event is coming in May. There is a signup list for volunteers to do service for an hour or two. We are going to relay information and answer some questions. Volunteer on sign up genius. You can get there by clicking the link that is posted on the website on the slider or you can contact Dian at 515-689-5957. Volunteers needed on Thursday, May 9th from 7am – 5 pm and Friday, May 10th from 8 am – 4 pm is when the Iowa Mental Health Association is held.
- Bus ads are extended until September.

Old Business for March 2023:

Select New Region to join:

- Everyone reviewed the email attachments regarding the different Regions.
- offerings/availability.
- Region 3 is more accessible, regarding the cost of travel.
- Region 5 has geographical continuity.
- Region 3 gives a more inviting, positive feel, better organization.
- Offers funding opportunities for exhibits, Intergroup events, Rep.

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funding, 2nd Rep funding, etc.

- Discomfort regarding not knowing what other Intergroups will decide was expressed.
- We could still include the other previously Region 4 areas in our events, even if they move to Reg5.
- Concern regarding Region 5 lacking in service and solid foundation.
- ***Region 3 wins vote, Region 4 needs to approve our choice***
 - Will need to do a meeting audit, and tell Mary and Megan who we’re going with, and submit our bylaws.

Review Bylaws

- Red highlighted sections in document that was forwarded were done last year, and haven’t been approved yet.
 - The secretary agrees that the changes made to their section sound accurate.
 - Virtual Office Manager duties will be redistributed to Treasurer (other than arranging conference calls and intergroup meetings, and 2nd key to P.O. Box).
 - ***Voted to eliminate VOM position passes***
 - Jean J needs to check to see if they still have a key to the P.O. box and will let the Chair know. **Tabled until next meeting.**
- Website Manager section had discussion regarding what some of the entries meant.
- PIPO agrees that their section sounds accurate.
- Group Rep description discussion regarding someone authoring it and adding it.
- Region Rep agrees their section sounds accurate.
- Traci will review the document and submit it via email to Intergroup, for approval before it is sent into Region 3.
- Kayla stepping down as Secretary by April 1st, new Secretary is needed. Thanks for the opportunity. Discussed with Sponsor and agree that need to focus on getting back into recovery.
- Want to give time to find new Secretary.
- The group expressed thanks for the service and for prioritizing their recovery.

New Business for April:

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Elections-positions that will need to be filled by July 1:

Secretary

Treasurer

WSBC Delegate

Website Manager

Closing: OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.