

Central Iowa Intergroup March 2023 Meeting Minutes
“Responsibility Pledge”

Always to extend the hand and heart of OA
To all who share my compulsion;
For this I am responsible

Date/Time: March 2023 minutes at 10:30 AM – Noon

Introductions: Please rename yourself on zoom and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer.

Readings: Tradition 3/Concept 3 – Annette P-R

Attendees: Michele B, Marcia N, Traci V, Annette P-R, Meg M, Karen B, Karen W,

Important facts to share with OA Meetings

1. April 8th are elections. If we don't get people to step up and fill positions CII may go away as a result of positions not being filled. See attached job descriptions.
2. Spring Assembly is March 24th & 25th.
3. Region 4 discussion. Please read the message below to your OA meetings.
 - When we connect we recover. We are looking for ways to connect with new and existing members for the health of OA.

Secretary report for February 2023: Traci V.

Michele B motioned to approve and Karen Seconded. Approved.

Treasurer's Report for February 2023: Michele B.

Beginning Balance: \$4,845.49

Incoming Balance: \$546.06

Outgoing Balance: \$60.00

Ending Balance: \$3,081.55

Minus prudent reserve of \$2,250.00.

Traci motioned to approve. Karen W. seconded. Approved.

Chair's Report: Karen B.

- Filed our 2 year Iowa Non-Profit organization.

Region IV Rep: Marcia N.

- R4 looking at Job descriptions for intergroup.
- Community conversations did brainstorming on service at different levels.

Central Iowa Intergroup March 2023 Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

Website Manager: Traci V or Kris F. (Alternate)

- On the slider there is information about upcoming events.
- PIPO is having a meeting on Monday, March 13th at 5 pm.
- If you would like to know what has been added to the website there is a sub-menu tab called “New on the web.” If you check this page out this is where I keep a record of things I have added or deleted.

PIPO:

- Chair resigned. Meeting on Monday. We have had 3 people that have been on the committee for quite some time. We are looking for new committee members.
- Great success at Powell. Treatment center in Des Moines. A lot of people never heard of OA.
- Marcia took a professional package to doctor. Got an email about a Health care fair. Did not do anything this year, but maybe next year we could do a booth or something.
- Billboard is across from McDonalds on Merle Hay.
- At bus stops they have end caps with advertising.
- Coffee news is still advertising.

Old Business for February 2023:

Hosting Spring Assembly

- Clarification – In the Region 4 bylaws it states that the Intergroup that is hosting the Assembly pays for the conference rooms. This March, 2023 CII is hosting the Spring Assembly and we are paying for the 3 conference rooms for Friday and Saturday which is a total of \$675.00 In order to carry the message we try to make the money back by doing drawings, fundraisers, 7th tradition, workshops, etc...We are accepting donations to sell at the assembly to help make that money back. **Contact Marcia N, Traci V, or Julie C if you are interested in donating items.**
- OA Birthday Celebration had a total of 21 people attend. We had people from 5-6 different States. We did a reenactment of, the founder of OA, Rozanne S., and had really good feedback. We are thinking of doing this at the State Convention as one of the activities we have planned.
- If you were unable to attend today please take back this information to your OA groups because we have some important information to share. We would like to keep the OA groups informed about CII.

Central Iowa Intergroup March 2023 Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

- We had a candid discussion of the ongoing operations of CII. Please share the highlights with each group.

New Business for March:

- Discussion with Region 4 Chair & Trustee on Intergroup & Region Health.
Discussion from Meg M. – R4 Trustee
 - Thank you everyone that is doing service.
 - Less people stepping up to do service. Look at service at a more empowering way. We are isolators.
 - Let’s work with what we have and build from there.
 - We don’t want to burn out members that are doing service over and over.
 - Think about what we can build upon. Maybe doing less events.
 - How is your newcomer base? Are we really providing newcomer support? Are we calling or following up with them. Who is going to walk with this person for the next few weeks?
 - Are we asking our sponsors if they are abstinent?
 - I asked myself if we were supporting. We are not totally self -supporting. We are not supporting our intergroup.
- Discussion from Annette P-R – R4 Chair
 - What Region 4 has to offer
 - Celebrate yourselves for being part of the solution
 - Community Conversations-3rd Sunday at 5 pm. March theme is going to be PIPO.
 - Twice a month a newsletter R4Ward. Opportunity to add flyers.
 - Assembly twice a year. Spring and Fall Assembly
 - R4 has opportunities for service
 - Assembly planner
 - Next fall a new chair
 - A suggestion was to send out R4Ward to CII intergroup reps. Traci will send Meg and Annette CII board members email addresses.
 - Newcomers – We have a newcomer meeting that has suspended. Hard to keep newcomer meeting going.
 - Meg thinks it could be the people that manage the meeting. No one wants to sign up.

Central Iowa Intergroup March 2023 Meeting Minutes
“Responsibility Pledge”
Always to extend the hand and heart of OA
To all who share my compulsion;
For this I am responsible

More discussion from Meg

- We focus on newcomers and twelve step with-in. Try a newcomer meeting for one year just to see if we can do this. Even if this is virtual. Then go from there.
- Addressing what your groups can really do.

Annette continues with discussion:

- Newcomer Packet.
- Take newcomer meeting back to the OA groups and ask if we could share the responsibility.
- Upcoming Elections
 - April is CII elections. New board members take over in June.
 - Traci will send the job descriptions to all the contact people of the OA meetings. Please make people aware of the elections.

Closing: OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

Adjourned at 11:44 am

Submitted by Traci V. (Secretary)