

Central Iowa Intergroup 2023 May Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

Date/Time: 2023 May Meeting Minutes at 10:30 AM – Noon

Introductions: Please rename yourself on zoom and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer.

Readings: Tradition 5/Concept 5 – Michele B.

Attendees: Karen B., Traci V., Michele B., Marcia N., Christy B., Kayla H., Karen W., Judy T., Jean L., and Jean J.

Important facts to share with OA Meetings

1. Thank you to Karen, Marcia, Traci, Michele, Jean L, Kris, and Kathleen for doing a fantastic job of doing service at the intergroup level. Congratulations to the NEW board members effective July 1, 2023. Chair-Traci V., Secretary-Kayla H., Treasurer-Michele B., Region 4 Rep-Christy B., Website Manager-Jean L., Public Information Professional Outreach- Dian M. We still could use a WSBC Delegate. Please contact Marcia N. (marciaqtpie@gmail.com) if you are interested in this position at Central Iowa Intergroup.
2. Next Intergroup Meeting will be June 17, instead of June 10.
3. Region 4 is asking us what they could help us with. Below are some ideas.
 - Regional for advertising. YouTube TV, Cable, or billboards.
 - Workshops to bring to CII in person. We would pay for hotel rooms or food.
 - Maybe do a weekend Retreat.
 - CII needs more workshops instead of just the yearly stuff.
 - Workbook workshop on Traditions. Region could possibly pay for the workbook.

Secretary report for April 2023: Traci V.

- Minutes for April Approved.
- We welcome Kayla H as the New Secretary.

Treasurer’s Report for April 2023: Michele B.

- We welcome Michele to stay on as the Treasurer.
- Beginning Balance: \$ 4,877.12

Central Iowa Intergroup 2023 May Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

- Incoming Balance: \$ 1245.20
- Outgoing Balance: \$ 114.00
- Ending Balance: \$ 3758.32
- Minus prudent reserve of \$2,250.00.

Treasurer’s report for April Approved.

Chair’s Report: Karen B.

- No new information
- We welcome Traci V. as the New Chair.

Region IV Rep: Marcia N.

- Last community conversations meeting was about “How to Welcome Newcomers.”
- Next community Conversations meeting topic is “Twelve Step Within.” June will be Marcia’s last time at CC. ANYONE is welcome to come. You have done a fantastic job Marcia. We thank you for your years of service.
- Outreach comm. Is looking at changing the title of Region 4 committee from intergroup to outreach. T
- R4 would like to know how they can help intergroup. See new business for ideas.
- Only 16% of R4 budget has been used.
- Fall Assembly will be virtual. An intergroup has agreed to host it.
- Marcia thanked everyone for allowing her to be Region 4 Rep.
- We welcome Christy B. as the New Region 4 Rep.

Website Manager: Traci V or Kris F. (Alternate)

- Traci is going to post a new “Sub Menu” tab under “Members” called sponsorship. It will have resources for sponsors.
- A suggestion was made to post Recovering from relapse-pamphlets- slipping/sliding, checklist, Highlight a specific title per month.
- We welcome Jean L as the New Website Manager.

Central Iowa Intergroup 2023 May Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

Public Information Public Outreach:

- Talk about domain names. Oa-dsm.org or oadsm.org up for renewal in July. It costs \$41.98 each plus tax for a total of \$84.68. Why not renew them both.
- Mental Health Conference had something on there for us.
- New committee member at looking at Public service announcement. Jeff H. would take literature to Unity Point clinics.
- Traci volunteered to join PIPO committee.
- We welcome Dian as the New PIPO Committee Coordinator.
- Kristy was wondering if they had taken information to schools. A policy about not reaching out to people under 18. If they come under 18 they would need to be accompanied by a parent. Get information to counselors or school nurses.

Meeting in Person to recognize Marcia’s long time service. T Smokey Row on Cottage Grove. On June 14th.

Old Business for April 2023:

- **CII Elections**
 - **Tabled** until May 13th CII meeting to give people more time for abstinence. To let others see if they would like to do service. Please contact the people that are in that position for further questions. Let Traci know if you are interested in attending the May 13th CII Meeting so she can send you a zoom invite if you are not part of intergroup. You can either call, text, or e-mail her at 641-750-7228 or tracivilez039@gmail.com.
 - If anyone is interested in a board position, per the By-Laws, they are to be present.
 - If you want to read the job description in the By-Laws on the positions you are interested in they are posted on the Central Iowa Website under the “Intergroup” menu tab at the top of the home page. Job descriptions start on page 5-7.
- **2023 Spring Assembly**
 - Assembly went well. We had feedback that people had fun, Region 4 was impressed on how we had everything done, and we were told that they thought we had strong recovery. We made \$800 in 7th tradition, 50/50 drawing, and donated items for auction to cover our costs.

Central Iowa Intergroup 2023 May Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

- **CII Job Descriptions**

- **Tabled.** Traci will send out to CII Intergroup to view before the next meeting in May.

- **Newcomer Packet:**

- **Tabled.** Traci will send out to be viewed and discussed at the next intergroup meeting.

New Business for May:

- Region 4 would like to know how they could help us. **Tabled until next meeting in June.**
 - Regional for advertising. YouTube TV or Cable or billboards.
 - Workshops to bring to CII in person. We would pay for hotel rooms or food. Maybe do a weekend Retreat.
 - CII needs more workshops instead of just the yearly stuff.
 - Workbook workshop on Traditions. Region could possibly pay for the workbook.
- CII Elections
 - NEW BOARD MEMBERS**
 - Chair –Traci V.
 - Secretary & Back up Website Manager –Kayla H.
 - Treasurer –Michele B.
 - Region 4 Rep. –Christy B.
 - Website Manager – Jean L.
 - Public Information Professional Outreach – Dian M.
 - WSBC Delegate – Vacant
- We need to look at the guidelines for Central Iowa Intergroup. **Tabled for later.**
- In the past there has been some negative feedback about joining intergroup.
- Job Descriptions for CII Board Members-**Tabled for later.**
- Newcomers Packet-**Tabled for later.**

Central Iowa Intergroup 2023 May Meeting Minutes
“Responsibility Pledge”
Always to extend the hand and heart of OA
To all who share my compulsion;
For this I am responsible

Closing: OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

Next meeting is June 17, 2023

Adjoined at: 11:57 Am

Respectfully Submitted by Traci V.