

Central Iowa Intergroup January 2023 Meeting Minutes

“Responsibility Pledge”

Always to extend the hand and heart of OA

To all who share my compulsion;

For this I am responsible

Date/Time: January 2023 Meeting Minutes at 10:30 AM – Noon

Introductions: Please rename yourself on zoom and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer.

Readings: Tradition 1/Concept 1 – Judy T.

Attendees: Michele B, Traci V, Karen B, Kayla H, Judy T, Jean J.

Important facts to share with OA Meetings

1. CII Elections in April. Positions needing to be filled are Chair, Vice Chair, Secretary, Treasurer, Web Manager, Region 4 Rep, and WSO Delegate. Here are the [Job Descriptions](#).
2. [OA Birthday Party](#) Jan. 21st at Central Presbyterian Church in room 201 or Zoom from 10:30 Am – 1:00 PM.
3. Spring Assembly March 24th and 25th. Serenity Prayer is the theme. Looking for donations. Please contact Marcia N or Traci V.
4. Region 4 is hosting a fun night on Jan. 21st from 6:45 pm – 9:00 pm. Posted on the slider on the website at <https://oadsm.org/>

Secretary report for December 2022: Traci V.

Minutes for December approved.

Treasurer’s Report for December 2022: Michele B.

Beginning Balance: \$4,825.71

Incoming Balance: \$419.78

Outgoing Balance: \$0.00

Ending Balance: \$2,995.49

Minus prudent reserve of \$2,250.00.

Judy Moved to accept. Kris seconded. Approved.

Chair’s Report: Karen B.

- Nothing new to add.

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Region IV Rep: Marcia N.

- Region 4 holds Community Conversations every 3rd Sunday of the month. Anyone can come. It is from 5-6 pm.
- Also they are hosting a fun night on January 21st. From 6:45 pm – 9:00 pm.
- Region 4 needs a Vice Chair and an Assembly Planning Coordinator.
- My term is up. CII needs a Region 4 Rep and WSO Delegate.
- We would like to ask people to get their creative juices flowing and make things for the Spring Assembly fundraiser on March 24th & 25th. Please contact Marcia or Traci if you are interested. The theme is the Serenity Prayer.

Website Manager: Kris F or Traci V. (Alternate)

- Judy motioned that Traci switch rolls with Kris. Michele B seconded. Approved.
- Traci will be Webmaster and Kris will be back up.
- Michele B got an invoice from Heather Harold, the web designer, for our new website. For 6 months it is \$400.00. \$50.00 per month. Traci will send an email to Heather asking for a more itemized invoice for the monthly charge.

PIPO: Kathleen S.

- Reminder that we need speakers at Powell. Please contact Marcia N if you are interested. New flyer coming out for Powell.
- The Coffee news ad and billboard are ongoing.

Newcomer Report for December 2022: Traci V.

9 am Saturday-1

Friday 5:15-1 oa.org

Monday Newcomer-2 oa.org

Old Business for December 2022:

- Iowa State Convention and CII account on zoom. Traci V.
Judy motioned to use account for committee meeting. Jean seconded. Approved

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- Insulated lunch bags that were ordered. Traci will send out email to members. Post on the website and please share with your meetings.
- Iowa State Convention –We would like to do a silent auction. Please ask meetings if they would be willing to donate a basket for Iowa State Convention in September of 2023.
- 12 Step Within meeting –Jean L. Ideas of 12 step within. Make a pact with a member on remaining abstinent. Have a day of reflection on the strength of your own recovery. Write down 12 actions to support your own recovery. Encourage everyone to make phone calls every month. Will post document for action plan on the website. 14-21 people attended 12 Step With-in Event.
- Spring Assembly –Raffle tickets –Michele B. Does anyone know who has the bin? Jean J. thought Rob H had the bin.
- Spring assembly looking at some ideas of fund raiser. Doing a 50/50 drawing. Split money 50/50 between winner of drawing and CII. Ideas of how we can do a fund raiser, silent auction? Please take back to your meetings and ask for ideas. Will need help with registration.

New Business for January:

- Elections in April: Chair, Vice Chair, Secretary, Treasurer, Web Manager, Region 4 Rep, WSO Delegate. We need people to do service!!
- Website Manager
 - Traci V. will be the web manager until elections in April and Kris F. will be the backup web manager. Kris is having problems with her Apple computer working with Microsoft.
- Yearly Events tabled until a later date.
- Lunch Bags are going to be sold at \$10.00 at various functions until sold out. First come first serve. Please contact Traci V at (641) 750-7228 if you would like to purchase one.

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Closing: Serenity Prayer

God, grant me the serenity to accept the things I cannot change, Courage to change the things I can, and the wisdom to know the difference.

Adjourned at 11:14 am

Submitted by Traci V.