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# *WSO News Bulletin*

## November 2022

Tap to find a meeting

### **Next up for WSBC 2023: New Business Motions and Bylaw Amendments Due**

World Service Business Conference 2023 “Concepts of Service: The Heart of Fellowship” will convene April 25–29 in Albuquerque, New Mexico USA. This will be a face-to-face Conference with no option for virtual attendance.

The next deadlines for service bodies and aspiring trustees are coming soon:

- December 1—Proposed New Business Motions and Bylaw Amendments are due to the World Service Office. Learn “How to Submit a Motion to WSBC” with our [video](#) or [slideshow](#) (links open to external websites).
- January 26, 2023—Trustee nominee [applications](#) (see [instructions](#)) due to the WSO.

Go to the WSBC web page

### **Literature Prices Will Increase in 2023; Order Now to Save**



Effective January 1, 2023, Overeaters Anonymous will increase the prices of our print and digital literature. OA's shipping prices will also increase.

OA, like so many, has been impacted by higher prices due to recent global factors. With OA's books and pamphlets, we are seeing increases in the costs of paper stock, production, and shipping/postage.

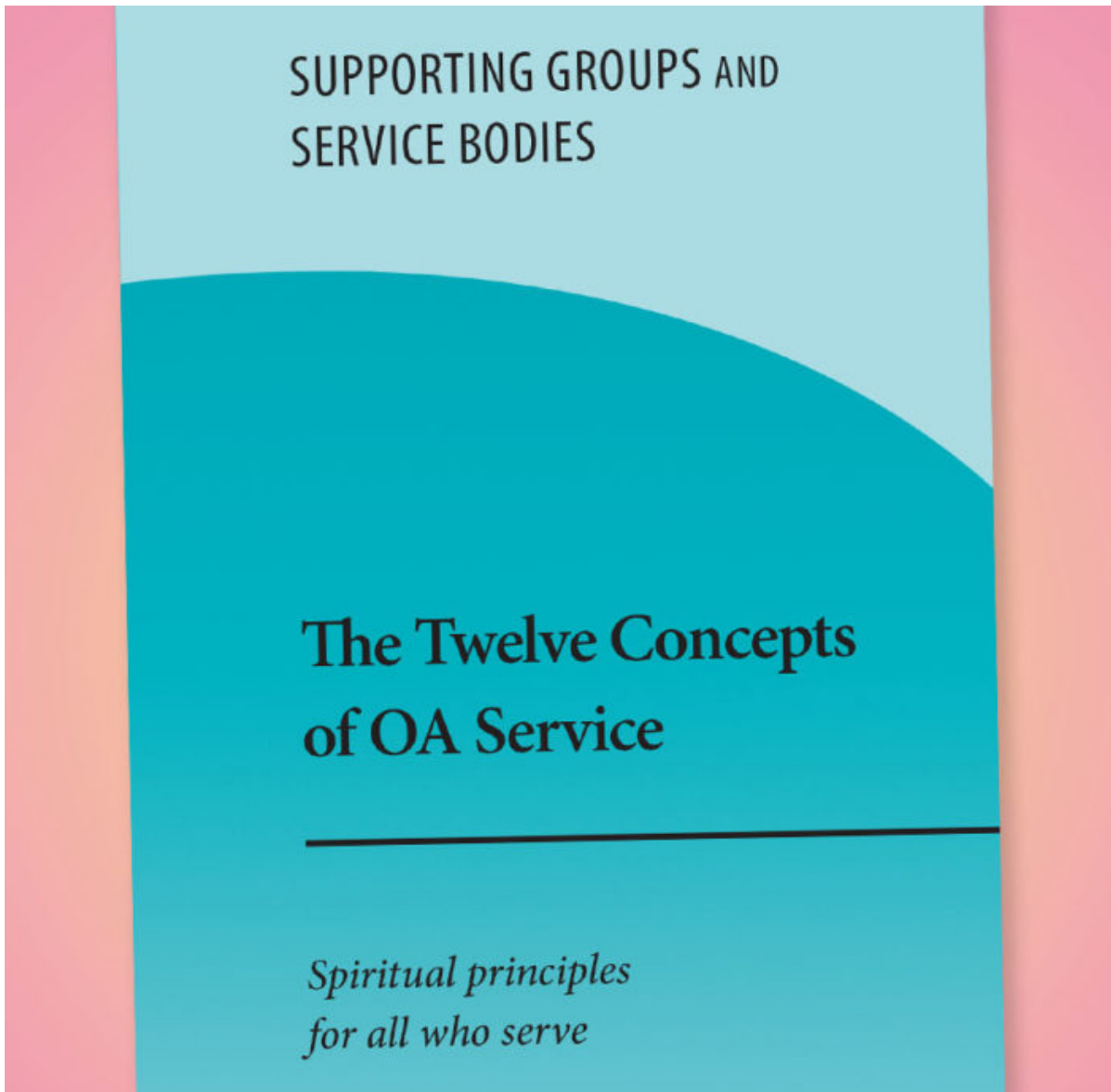
OA remains committed to the purpose of carrying the message of recovery to those who still suffer, and our literature is an essential tool for carrying out our purpose. Raising prices was not an easy decision; however, to continue to bring quality OA recovery literature to the Fellowship, OA must do this to offset higher costs.

OA literature is available in multiple formats: print, e-book, PDF download, print-on-demand, and audiobook. Some formats, such as e-books, do not have a shipping cost. No piece of literature is available in all formats. To purchase OA literature, go to [bookstore.aa.org](http://bookstore.aa.org). Product pages include links to third-party vendors authorized to sell our literature.

The price changes will be effective January 1, 2023. Till then, we encourage you to order OA literature at current prices.

[Go to the bookstore](#)

## Twelve Concepts Pamphlet Published as E-book



*The Twelve Concepts of OA Service* is the newest OA pamphlet to be made available on popular e-book platforms for US\$2:

- [Amazon Kindle](#)
- [Barnes and Noble Nook](#)
- [Apple Books](#)

The Concepts—from the ideas of unity and trust to delegation and dialogue—help OA members, groups, and service bodies apply the Steps and Traditions effectively in their service work. Use *The Twelve Concepts of OA Service* as a jumping-off point to a weekend service retreat, to introduce business meetings, or to simply meditate on the different Concepts during your daily reflection time.

For printed copies and all e-book links, go to the [Twelve Concepts product page at bookstore.oa.org](#).

# Important Dates and Deadlines

*Planning an OA event? Send the details to our Event Calendar at [oa.org](https://oa.org)! Your service will show newcomers and longtime OA members how active we are in our recovery—all around the world. View OA events at <https://oa.org/event-calendar> and use the submission form at <https://oa.org/event-calendar-submission-form> to get your event posted. It's never been easier to submit or find an event!*

## **World Service Business Conference**

December 1—New Business Motions and Bylaw Amendments due to the World Service Office ([DOCX template](#)).

January 5, 2023—Second Conference e-Documents posted to [WSBC web page](#).

January 26—Trustee nominee [applications](#) (see [instructions](#)) due to the World Service Office.

April 25–29—World Service Business Conference 2023 in Albuquerque, New Mexico USA.

## **Fellowship Days**

November 18–20—International Day Experiencing Abstinence: IDEA encourages OA members worldwide to begin or reaffirm their abstinence from compulsive overeating.

December 12—Twelfth Step Within Day: A day for OA service bodies, meetings, and individual members to reach out to those within the Fellowship who are still suffering from compulsive eating behaviors.

January 20–22, 2023—OA Birthday: Our annual celebration of the January 19, 1960, founding of Overeaters Anonymous.

## **Let's Get Ready for Twelfth Step Within Day!**



Coming up on December 12 is our day to reach out to the still-suffering compulsive eater in our Fellowship. Here are some resources to help you prepare.

#### Planning Resources

- [Twelfth-Step-Within Handbook](#)
- [Twelfth Step Within Day workshop](#)
- [Recovery Roadmap workshop](#)

#### Ideas to Extend Hand and Heart

- [Keep It Simple: Ideas for Twelfth Step Within Day](#)
- [Preventing Relapse/Ways to Support Those in Relapse](#)
- [Reaching Out to Those within the Fellowship Who Still Suffer](#)
- [Traveling Hopefuls](#)

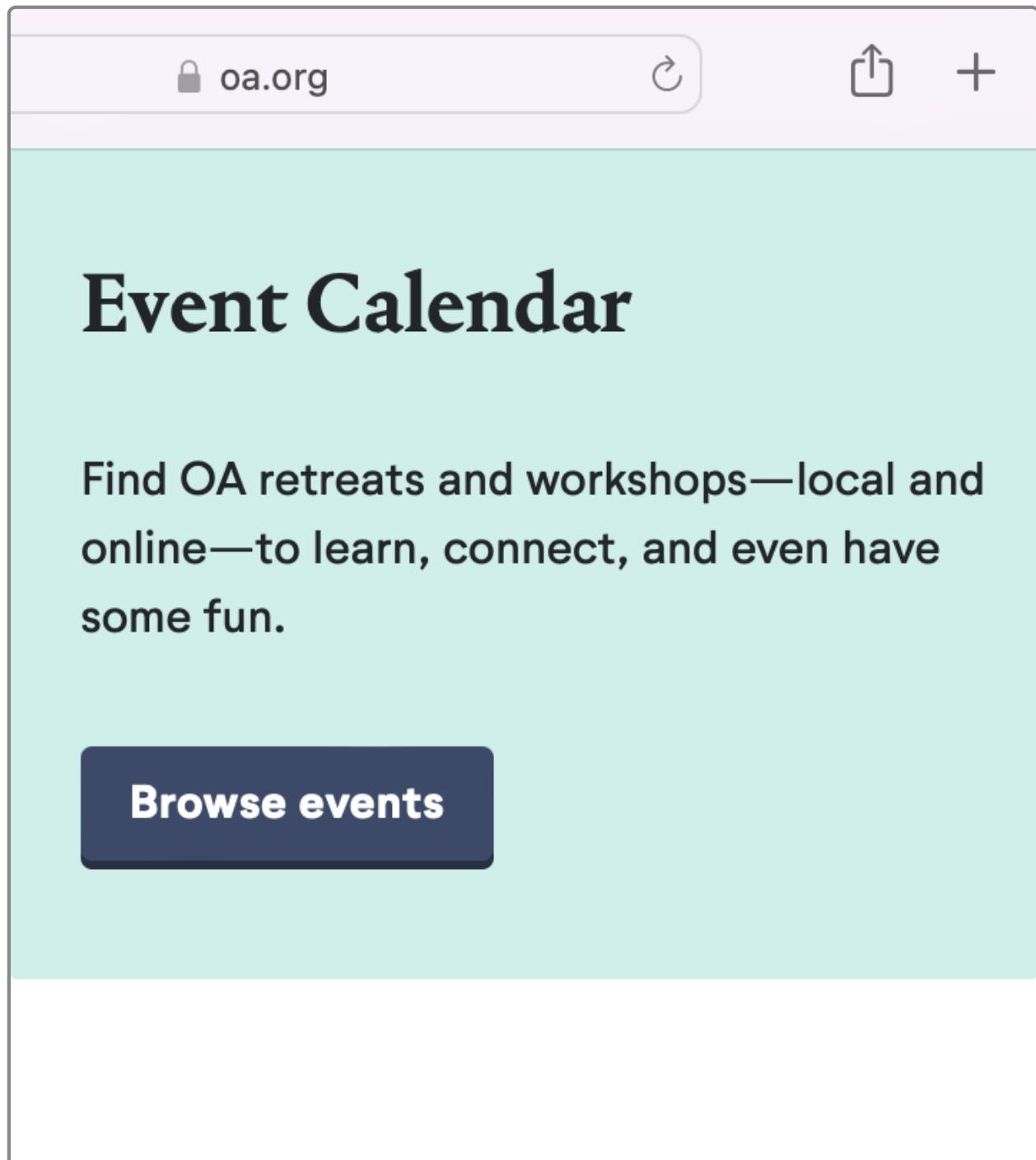
#### Exercises and Handouts for Those Still Suffering

- [Been Slipping and Sliding?: A Reading and Writing Tool](#)

- [Twelve Steps to a Slip](#)
- [Breaking Out of Relapse video](#)
- [Back issues of Lifeline](#)
- [A New Beginning: Stories of Recovery from Relapse](#)

Planning a Twelfth Step Within Day event? Let the Fellowship know! Use the [Event Calendar Submission form](#) to add your event to [Event Calendar](#).

## Worldwide Events at Your Fingertips with Event Calendar



Can you believe it?... it's possible to attend an OA event every weekend! We are so blessed by OA groups and service bodies sending their events to Event Calendar on oa.org. What a great way to give service, boost your recovery, meet new OA fellows, and have some fun!

Coming up over the holiday season are plenty of events to support your recovery, including marathons, IDEA events, retreats, and more!

Finding Event Calendar is now easier than ever. Just scroll down the oa.org home page or use the main navigation menu and look under “News and Events.”

Got an event? Use the [Event Calendar Submission form](#), and we'll publish it and promote it on OA's social media.

[Go to Event Calendar](#)

## **Money is Available to Translate OA Literature**

Registered OA groups and service bodies as well as small groups of interested members (where a registered group might not yet be established, for example) are eligible to receive funding to assist with translation of OA literature.

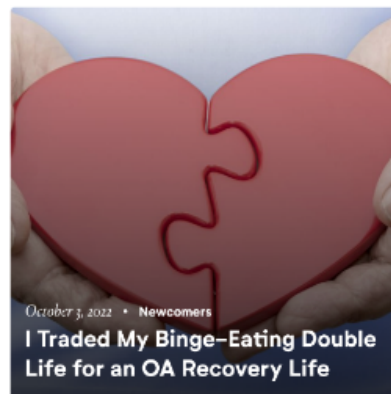
The International Publications and Translations Committee recommends translating OA literature in a certain order, starting with the [OA Glossary](#) (DOCX file), so that primary texts are translated first. See the full suggested list on our [Guidelines: Translation page](#).

To apply for funding, complete the [Translation Assistance Fund application](#) or contact your region chair.

# Send Your Story of Recovery to the New *Lifeline* Blog!

## Lifeline

### Stories of Recovery



*Lifeline* is back! We are now sharing stories of recovery through OA's Twelve Steps at [lifeline.oa.org](https://lifeline.oa.org). Together, as we grow *Lifeline*, we will provide experience, strength, and hope to everyone in our Fellowship and become an ever brighter source of light to the still-suffering compulsive eater who is searching online for a solution.

You can help *Lifeline* grow by sending in your story, whether it is written, recorded as an audio file, shot on video, or an image of your own making. Send us your recovery-focused story, digital painting, song, video, or any other type of digital media, and we will put it in the queue for eventual publication. Read the new [Contributor Guidelines](#) for suggestions and use our [submission form](#).

[Go to Lifeline](#)

## Support OA with Your End-of-Year Contribution

Have you considered making an end-of-year contribution to OA? How about setting up an Automatic Recurring Contribution to support our Seventh Tradition throughout 2022?

Contributing is simple. Go to [oa.org/contribute](https://oa.org/contribute) and select "Make this a recurring gift" to set up a monthly or quarterly Automatic Recurring



Contribution using your credit or debit card. Or, download the contribution form to mail in your check or money order.

Thank you for supporting our Seventh Tradition!

[Contribute](#)

## Our Responsibility Pledge

Always to extend the hand and heart of OA  
to all who share my compulsion;  
for this I am responsible.

Overeaters Anonymous, Inc.  
PO Box 44727  
Rio Rancho, NM 87174-4727  
[info@oa.org](mailto:info@oa.org)



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