

Central Iowa Intergroup November Meeting Minutes  
"Responsibility Pledge"  
Always to extend the hand and heart of OA  
to all who share my compulsion;  
for this I am responsible

**Date/Time:** November, 2022 Minutes at 10:30 AM - Noon

**Introductions:** Please state your name and what OA meeting you represent.

**Serenity Prayer:** Please unmute and join me in the serenity prayer.

**Readings:** Tradition # 11/Concept # 11 – Kris F & Judy T

**Attendees:** Michele B, Traci V, Karen B, Marcia, Kayla, Diana W, Judy T, Kris F, Kathleen S.

**Important facts to share with OA Meetings.**

1. Intergroup Reps please ask to see if anyone is interested in volunteering to help plan for Iowa State Convention. We could use 3 more people to help.
2. Please remind people about [IDEA DAY](#) on November 19<sup>th</sup> and The [63<sup>rd</sup> OA Birthday Party](#) on January 21<sup>st</sup>. Click the links in blue to view the flyers.
3. Remind about [12 Step With-In](#) on December 9<sup>th</sup>. Click the links in blue to view the flyers.
4. We need your support at events and meetings.

**Secretary Report for October:** Traci V.

- Judy T motioned to approve. Kris F seconded. **Approved**

**Treasurer's Report for October 2022:** Michele B.

- Beginning Balance: \$ 4,417.11
- Incoming Balance: \$ 408.60
- Outgoing Balance: \$ 0.00
- Ending Balance: \$ 2,875.71
- Minus Prudent reserve \$2,250.00

**October treasurer's report approved.**

**Chair's Report:** Karen B.

- Planning a daily meditation meeting marathon for New Year's Eve. Every hour on the hour. Opportunity for people to connect.

**Region IV Rep:** Marcia N.

- Reminder - R4 holds Community Conversations Meeting via Zoom on the 2<sup>nd</sup> Sunday of every month at 5 pm. Come ask any questions, find out what is going on in R4, and meet some different people.
- Check out the R4 website to see about the Spring Assembly. [www.oaregion4.org](http://www.oaregion4.org)

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- Marcia will be done in April 2023 as Region 4 rep. Please think about doing service. Click the blue link to view the [R4 Rep](#) Job description.

**Website Manager:** Kris F.

- Thank you Traci for being back up website manager.
- OA 63<sup>rd</sup> Annual Birthday Party is on Jan. 21<sup>st</sup>, 2023. Flyer is also posted on the website.

**PIPO Coordinator:** Kathleen S.

UPDATES

- Statistics on Coffee Newsletter with a QR code. To scan a QR code follow these steps
  1. On your cell phone find the app "Playstore" or the "App Store.". It should already be installed on your phone.



This is what the app looks like on androids or smartphones.



App Store

This is what it looks like on an iPhones.

2. After you open up the google "Playstore" or "App store" app on your phone, click on the search bar and type in QR Code Scanner. You will get several choices. Click on the app you want. Choose one.
  3. Click on install.
  4. Open up the app and follow the instructions or click on scan.
  5. A scanner will show and just point your phone on the QR code like you are taking a picture it will scan the code and take you where the location is set up for.
- Billboard is moving. Right now it is on East 14<sup>th</sup> street.
  - Powell needs volunteers to speak from 11:00 am – Noon. We have volunteers for November 2022 & January 2023. If you would like to do service this is a great opportunity. Please contact Marcia N. if interested.
  - Marcia N. and Kevin D. met with Iowa Veterans Home. Just waiting to hear back on what we can do to help.

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PIPO Coordinator Cont....

- We are trying to get a booth at The Governors Comfort on Addiction In April.

### **Newcomer Report for the Month of October: Traci V. (Group Reps)**

2- Monday 6:30 meeting 1 word of mouth and 1 oa.org, 1 – Friday 5:15 meeting

### **Old Business for October: Review upcoming Events and Documents**

- 2023 Iowa State Convention-Traci V. **Tabled until December.**
  - Feedback on Face-to-face or zoom convention? One or two days? In September 2023.
- CII Questionnaire Results
  - How to attract more members and returning members**
    - Post in a local newspaper
    - Post when you are hosting events on the website and on Facebook. Kris F is the website manager for the website and Kathleen S. is the Facebook Administrator.
    - Post posters, give each meetings 5 and then the OA meetings could post. Ideas to carry the message.
    - Cards to hand out to people or at businesses.
    - Flyer with an OR code.
    - **Tabled until November meeting**
- Literature
  - Suggested Ideas
    - Central location for literature -Central Presbyterian Church? Traci will check out and see if there is space. Letting people know where to get literature. **Tabled until November.**
    - Have meetings do an inventory of how much literature they have. **Table it until November.**
    - Michele B and Kathleen S will form an ad hoc committee and bring back some ideas.
    - Ask meetings their opinion on literature.
    - **Spring Assembly tabled until November.**

### **New Business for November:**

- **Spring Assembly and CII Budget**

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○ HOTELS

**Stoney Creek Inn in Johnston**

- 2 meeting rooms next to each other - \$675.00
- 1 on Friday meeting room is 225.00
- 1 room on Friday and Saturday is \$450.00
- Sleep rooms two beds \$104. Double and Queen
- Stoney Creek has restaurants around and a Hy-Vee close by.

**Hotel Dury Inn and Suites on mills civic parkway**

- 1 meeting room Friday \$300
- 2 meeting rooms on Saturday \$ 300.00 each
- 2 queens bed deluxe 180.00
- King deluxe with pull out sofa \$171.00

**Hotel Hilton Garden**

- Room that is divided \$400.00 per day. We need that for 3 days which would be a total of \$1200.00
- Queen rooms 169.00

- All hotels include microwave and refrigerator. Free continental breakfast at Dury Inn and Stoney Creek Inn. Hilton Garden Inn offers a breakfast buffet that costs.
- We don't have to have a recovery event both Friday and Saturday. Have not made a decision yet. Committee will decide that.
- **Kris F motioned to approve Stoney Creek. Judy T seconded. Approved.**
- **Kris motioned to let assembly committee decide how many rooms they need and intergroup will cover costs. Judy T seconded. Approved.**

**CII Budget**

- Budget currently is \$5125.71. We have the money for assembly. We need to figure out how to make more money to support events. Could bring in money by 7<sup>th</sup> tradition and registration.
- Budget set aside for 2023 Spring Assembly is \$1000.00.

**New Business Cont.**

- **LITERATURE**

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- Literature-Ad Hoc committee ideas and Central Presbyterian Church (Established Location to store literature)
- Traci talked to Central Presbyterian Church and they said it would be okay to store literature in the cupboard if we decide to go that route.
- Kathleen S & Michele B literature Ad Hoc Committee
  - Tues, Sat and Friday willing to have literature in one place.
  - Sunday 5:30pm meeting doesn't think it is necessary to keep their literature at CPC.
  - Have OA meetings communicate with each other before buying more literature.
  - Talk more about literature at meetings, Who, Where, and what the prices are.
  - Powell has literature to purchase. They have outdated 12 X 12 books, For Today, and outdated voices of recovery books.
  - Possible Intergroup Literature person. Michele B offered to be the literature person. Every group will keep their own literature and do inventories. Contact Michele B with your inventory. Michele will keep in contact with Kris F to update the website. We will do a trial on this position to see if this works.
- How to attract newcomers and more members. Here are some ideas given at the October meeting. PIPO Committee is working on ideas.
  - Post in a local newspaper
  - Post when you are hosting events on the website and on Facebook. Kris F is the website manager for the website and Kathleen S. is the Facebook Administrator.
  - Post posters, give each meetings 5 and then the OA meetings could post. Ideas to carry the message.
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- Iowa State Convention 2023 - Volunteers needed to help plan the event. Right now we only have 5 people. Please let Traci V. know if you are interested. Could use 3 more volunteers. First meeting will be via zoom on December 1<sup>st</sup> at 7pm. Meetings will be once a month on the first Thursday of the month at 7pm. It takes a whole year to plan a convention.
- Friday 5:15pm meeting is hosting a 12 Step within on December 9<sup>th</sup>, 2023 from 5:15 pm – 6:15 pm. We need your support.
- Kris mentioned doing a clothing event. **Table until December.**

**Closing:** OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

**Adjourned at 11:46 pm**

**Respectfully submitted by Traci V. (CII Secretary)**