

Central Iowa Intergroup October Meeting Minutes
"Responsibility Pledge"
Always to extend the hand and heart of OA
to all who share my compulsion;
for this I am responsible

Date/Time: October, 2022 Minutes at 10:30 AM - Noon

Introductions: Please state your name and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer.

Readings: Tradition # 10/Concept # 10 – Marcia N. and Michele B.

Attendees: Marcia N, Michele B, Karen W, Karen B, Kris F, Kathleen S, Judy T, Diana W.

Important facts to share with OA Meetings.

1. Spring Assembly will be March 17th and 19th, 2023. If you are interested in volunteering please contact Marcia N.
2. Literature inventory. Central Location.
3. State convention- Face-to-face or zoom. One or two days? In September 2023.
4. IDEA Day will be November 19th, 2022 or close to this date. Event is from 10:30 am – 1:00 pm brown bag lunch.

Secretary Report: Traci V.

- **Marcia motioned to approve, Kris seconded. Approved.**

September's Treasurer's Report: Michele B.

- Beginning Balance: \$4,537.11
- Incoming Balance: \$180.00
- Outgoing Balance: 0
- Ending Balance: \$4,717.11
- Minus Prudent reserve \$2,250.00
- **Kris motioned to approve. Traci Seconded. Approve.**

Chair's Report: Karen B.

- IDEA Day Nov. 19th from 10:30 am -12:30 pm
- Discussed some of the options for Committee Work.

Region IV Rep: Marcia N.

- Reminder Marcia is done in April 2023 as Region 4 rep. Let Marcia know if you are interested in doing service for this position. [Job Description.](#)
- Convention in Omaha netted \$4700.00

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- **Word contest:**
 - Changing to the title “**Recovery Oasis**” instead of the “**Word Retreat.**”
 - The word “**Workshop**” continues.
 - Region 4: For our recovery
- CII will host the Region 4 Spring Assembly March 17th and 18th, 2023.
 - Jean J is checking into hotels.
 - Traci V volunteered to do a “**Save the Date**” flyer.
 - Assembly Committee Volunteers: Traci V, Karen B, Jean J, Marcia N, and Michele B. Marcia will chair the committee meetings.
 - Traci will host a workshop. Anyone interested in helping please let Traci know.
- Secretary position needs filled for Region 4.
- Lots of money at region. If we do not use it, it will go to world service. Ideas of how to use excess money.

Website Manager: Kris F.

- Website is going well.

PIPO: Kathleen S.

- Met last week.
- Marcia and Jeff are going to represent OA at the Iowa Veterans Home on Tuesday, October 11th, 2023 from 2:30 pm-3:30pm.
- Marcia is getting speakers for Powell. Anyone interested in taking over service for Powell please get in contact with Marcia N. Every six weeks. Next one is Oct. 12th, 2022.
- Looking at different places to have a booth.
- We are redoing the blurb on the Coffee News newsletter.
- Literature
 - Looking for a central location to keep literature.
 - Traci will speak to Central Presbyterian Church to find out if it would be okay to store all the OA literature at the Church.
 - OA groups will be responsible to do a literature inventory.
- Looking at what literature to use at booths.
- Region 4 has 300 that we could apply for to use. We also would have the option to apply for more money.

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Newcomer Report for the Month of November: Traci V. (Group Reps)

Karen W- 1 newcomer via oa.org website

Old Business: Review upcoming Events and Documents

- IDEA Day: Being held from 10:30 am– 1 pm checking on a Church. Hosting event after Saturday meeting. Speaker from Portugal. Prizes and grand prize basket
- Sunday 5:30 meeting will be hosting Unity Day.
- Please get your meetings survey in so we can discuss it next intergroup meeting.

We need you! Together we get better.

New Business:

- 2023 Iowa State Convention-Traci V. Tabled until November.
 - Feedback on Face-to-face or zoom convention? One or two days? In September.
- CII Questionnaire Results

How to attract more members and returning members

- Post in a local newspaper
- Post when you are hosting events on the website and on Facebook. Kris F is the website manager for the website and Kathleen S. is the Facebook Administrator.
- Post posters, give each meetings 5 and then the OA meetings could post. Ideas to carry the message.
- Cards to hand out to people or at businesses.
- Flyer with an OR code.
- Tabled until November meeting
- Literature
 - Ideas for the year
 - Central location for literature -Central Presbyterian Church? Traci will check out and see if there is space. Letting people know where to get literature.
 - Have meetings do an inventory of how much literature they have. Table it until November.
 - Michele B and Kathleen S will form an ad hoc committee and bring back some ideas.

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- Ask meetings their opinion on literature.
- Spring Assembly tabled until November.

Meeting adjourned 11:47 pm

Submitted by Traci V.

Closing: OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.