



Region 4
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R4ward

August 8, 2022
www.oaregion4.org

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➤ **Region 4 Updates**

- Booster Shot – Outreach Committee Chair
- Community Conversations Sun August 21 (5PM Central time)

➤ **WSO Updates**

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****Region 4 Updates****

(send your events to admin@oaregion4.org to get listed on the R4 Calendar of Events)



NEW FRESH IDEA! Region 4 2024 Convention (Campvention)

Unity and Northern Serenity Intergroups (both of Minnesota) will be hosting the 2024 Retreat. Our intent is to have a glamping and camping site where families can camp and have fun and our fellows meet during the day in workshops. We are looking at the summer months of 2024 – June/July timeframe. Recovery by day - bonfires, telling cool stories under the light of the moon by night.

We are searching for just the right location to do that. If you have any ideas or locations that you are aware of in Minnesota or Iowa area, please contact Admin@oaregion4.org.

Want to strengthen your group – jump in as a group and sign up for Hospitality, Program, Finding a Place and Location, Volunteers, Registration. There will be a Campvention Chair and they will work with the Region Chair.

Calling all Sponsors!!!

Please consider helping a fellow. If you have one opening to sponsor – whether temporary or long term, please send your name and contact information to Admin@oaregion4.org.

Region 4 Assembly

2022 Fall Assembly: September 30 – October 1, 2022 – Virtual (information coming soon)

2023 Assemblies – Spring – Des Moines, Iowa – (Fall 2023 Assembly will be virtual.)

Region 4 Language Contest – win up to \$100 – Flyers at the Convention Countdown is on – Final date is August 15, 2022 – Last Call

How do we carry and share the OA message? Do we convey excitement, passion, gratitude for our recovery with action words that get us on our feet & moving toward a full & vibrant life? What language do we use?

We are looking for cool, new action words to reframe and give new life to the following:

- Retreat – Prize \$25 gift card for winning Phrase or Word
- Workshop – Prize \$25 gift card for winning Phrase or Word
- R4 Slogan – Prize \$100 gift card for the winning 3 – 6-word slogan

Criteria for winning:

- ❖ Excitement, Grabs your attention & makes you want to participate, Inviting, Universal
- ❖ Target Demographic – Intergroups (share with groups & members)
- ❖ Differentiating Region 4 – how do we stand out
- ❖ Mission – matches the R4 mission: The mission of Region 4 is to actively support the Region 4 Intergroups to carry the message of recovery to compulsive eaters
- ❖ Send your entries to admin@oaregion4.org
- Winners to be announced at Fall Assembly, October 1, 2022

****WSO Updates****

Nineteen translations of *Where Do I Start?* are now posted online and are available for download.

Find the translations in the Document Library on oa.org under the categories “New to OA” or “Translation.”

Here is a direct link to the oa.org page with the translation links: <https://oa.org/blog/news/where-do-i-start-translations-now-available-at-oa-org/>.

Please share the news of these resources with members, groups, and service bodies.

***Where Do I Start?* Translations Now Available at OA.org**

OA’s introductory pamphlet *Where Do I Start?* is available in 20 languages for download and distribution. And now many, many more OA members and newcomers around the world can access the vital information packed into the pamphlet in their first language. *Where Do I Start?* includes the Fifteen Questions, Tools (abridged), Sample Plans of Eating, OA Promise, and "Welcome Home," as well as answers to frequently asked questions, such as “What is the Twelve Step recovery program?”

In keeping with group conscience decisions made at the 2022 World Service Business Conference, *Where Do I Start?* can be found in the Document Library on oa.org (<https://oa.org/document-library/>). Click either the category “New to OA” or “Translation.” It’s available in these languages:

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|---------------------|-----------------------|--------------|
| • Arabic | • Japanese | • Romanian |
| • Bahasa Indonesian | • Korean | • Serbian |
| • Chinese | • Latvian | • Spanish |
| • Finnish | • Mongolian | • UK English |
| • French (Quebec) | • Norwegian | • US English |
| • Hebrew | • Persian | • Zulu |
| • Italian | • Portuguese (Brazil) | |