

MaSeptember  
***WSO News Bulletin***  
July 2022

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## **Newcomer Pamphlet *Where Do I Start?* Now Free to Download**



As approved by majority group conscience at WSBC 2022, our popular newcomer pamphlet *Where Do I Start?* has been updated and made

available as a [free download](#) from the oa.org Document Library under the category “New to OA.” Send newcomers a copy of *Where Do I Start?*, and watch our membership grow!

*Where Do I Start?* pulls vital wisdom from varied OA literature sources, including [A New Plan of Eating](#), in order to give a concise and compassionate introduction to the OA program. As the Fellowship knows, beginning the journey out of compulsive eating and compulsive food behaviors toward recovery can be difficult, but *Where Do I Start?* aims to help, giving direction, advice, and answers to frequently asked questions in its brief pages.

Professionally printed copies and e-book versions of *Where Do I Start?* can still be purchased for US\$1 each from [bookstore.oa.org](#) and popular online retailers.

[Download \*Where Do I Start?\*](#)

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## OA Can Help Pay Delegate Travel, Lodging, and Interpretation Expenses for WSBC 2023

We are planning for World Service Business Conference 2023 to be face-to-face, which means service bodies around the world will be incurring travel and hotel expenses for their delegates. To help, region and world-service money is available to pay delegate expenses, including the expense of a live interpreter.

To apply, complete the [Delegate Support Fund application](#) and send it to your OA region by October 1, 2022, or by the date specified in your region’s bylaws. After a region review, qualified applicants will need to send their applications to the World Service Office by November 1, 2022.

It is critical for OA’s worldwide group conscience that we include as many delegate voices as possible at WSBC. If your service body needs assistance, we encourage you to apply.

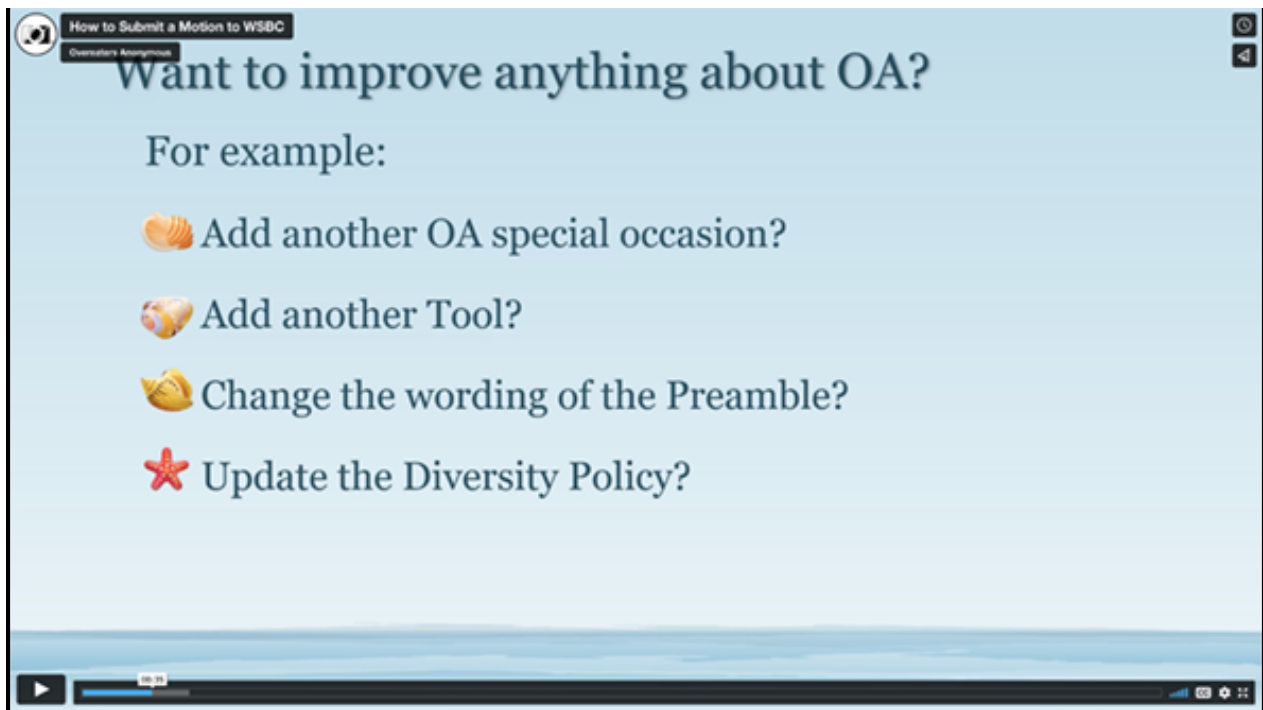
The option to contribute to the Delegate Support Fund was paused for the years that WSBC was made virtual, but you will soon be able to contribute once again to this fund. Look for an upcoming announcement and check back at [oa.org/contribute](#) for the “Delegate Support Fund” option to appear in the Designation drop-down menu and on our [mail-in contribution form](#).

[Go the WSBC 2023 Delegate Support Fund application](#)

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## ***New How to Submit a Motion to WSBC Presentation; Many WSBC Document Updates***

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Have you ever had the thought, “*We can make OA better if we...*”?

That is the thought behind every New Business Motion that goes before WSBC, and now a detailed tutorial, *How to Submit a Motion to WSBC*, will show you exactly how that first thought can become a motion at a future WSBC. The tutorial is available both as a [nine-minute video](#) and a [translatable slideshow](#) (both links open to third-party websites).

Other WSBC document updates:

- [Business Conference Policy Manual](#)
- OA, Inc. Bylaws, [Subpart A](#) and [Subpart B](#)
- [WSBC 2023 Deadline Dates](#)
- [Delegate Support Fund application](#)

You will find links to all of the documents above on [WSBC web page](#) and in the [Document Library](#) under “WSBC: Frequently Used Documents.”

Check out the video (link opens to a third-party website)

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## Two New Trustees Appointed to the OA Board

In addition to trustees elected by delegates at WSBC 2022, two trustees were appointed in recent months to fill vacant trustee positions. Acting in accordance with OA, Inc. Bylaws, the Board of Trustees appointed OA members Lee R. and Gary D. to serve in these positions through WSBC 2023.

In early July, the board also elected trustees to its Executive Committee, which is charged with managing OA’s finances, the World Service Office, and any legal matters involving OA. Trustees serving on the Executive Committee

are Judy H., Beth B., Karen B., Meg M., BJ J., Bob L., and Sandra M.

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## ***A Step Ahead*, Third Quarter 2022 Issue, Now Available**

# **A Step Ahead**

Third Quarter 2022

Volume 26, Number 3

The Third Quarter 2022 issue of *A Step Ahead* is now available for download. Featured in this issue:

- Complete WSBC 2022 results, including trustee elections
- OA's policy for screen sharing OA literature
- Literature translation updates, including funds awarded and royalties received
- Important messages from our Treasurer and Chair
- What's New from WSO
- Ask-It Basket
- and more!

[View it online](#) or [download](#) and print copies for your group!

Go to *A Step Ahead* on [oa.org](http://oa.org)

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## **Important Dates and Deadlines**

Post your local OA events to OA's [social media page](#) (link opens a third-party website) by clicking the "Send Message" button on that page. Include all event information and a contact email address that maintains member anonymity. You may also drag-and-drop your event flyer into the message.

### **World Service**

#### **August 19–21**

Sponsorship Day: a day set aside to acknowledge the importance of sponsoring in our Fellowship. Contact your service bodies for local and virtual events.

#### **October 1 (or deadline set in your region bylaws)**

Delegate Support Fund [applications](#) due to region boards.

#### **November 1**

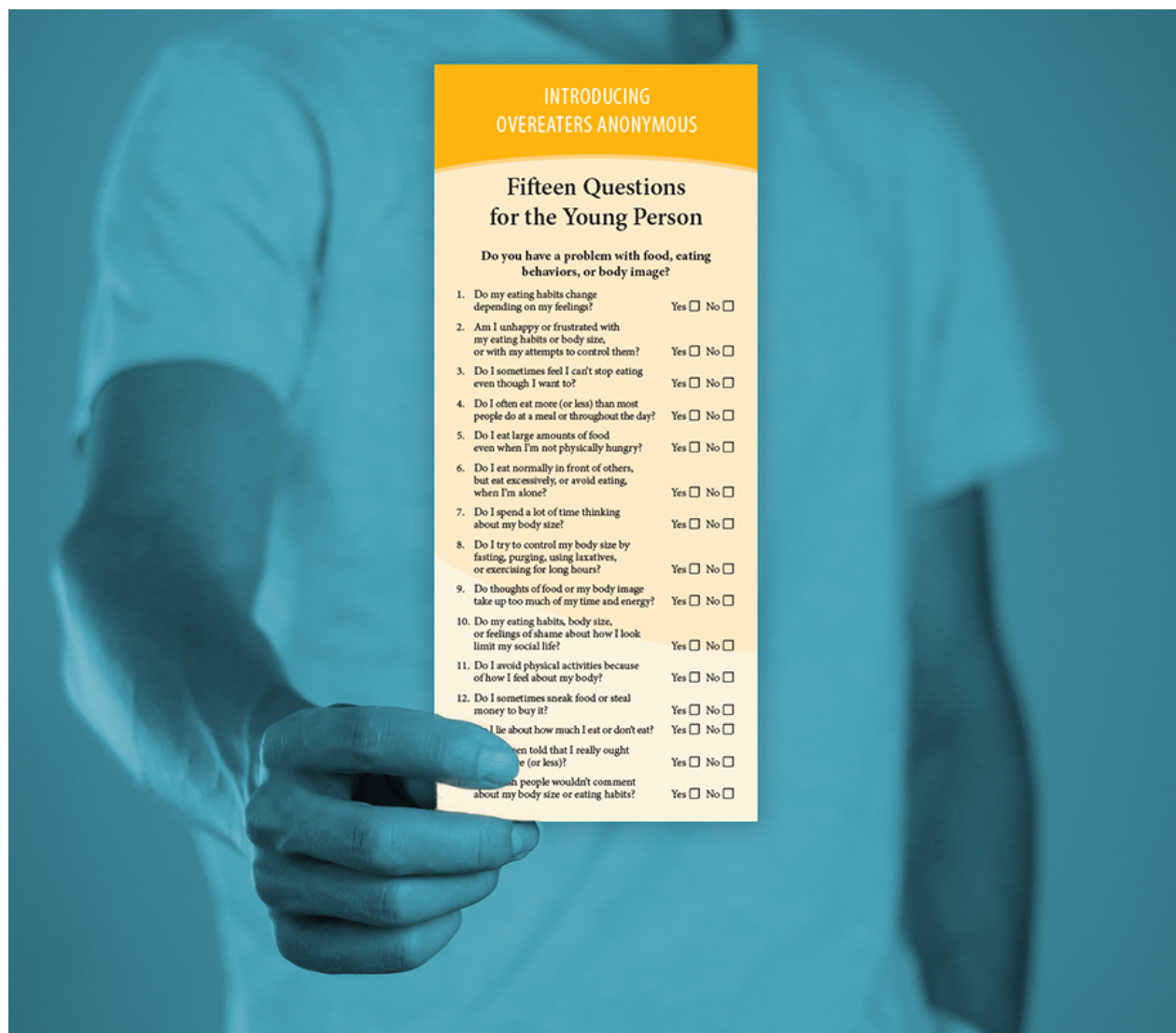
Delegate Support Fund [applications](#) due to the World Service Office.

**April 26–29, 2023**

World Service Business Conference 2023 in Albuquerque, New Mexico USA.

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## New Flyer: *Fifteen Questions for the Young Person*



Reach out to young people in your area! *Fifteen Questions for the Young Person* is a durable cardstock flyer that can help the young person identify whether they have a problem with compulsive eating or compulsive food behaviors.

On the back, the flyer explains who OA is for, including those suffering from anorexia, bulimia, and compulsive overeating, and the solution OA offers. It also includes room to add local contact information.

Find *Fifteen Questions for the Young Person* for US\$0.50 at [bookstore.aa.org](http://bookstore.aa.org).

## Send Your Story of Recovery to the New *Lifeline* Blog!

*Lifeline* is coming back, this time as a blog on [oa.org](http://oa.org)! As we look forward to the return of *Lifeline*, we invite you to share your recovery by sending in a submission. Send us your recovery-focused story, digital painting, song, video, or any other type of digital media, and we will put it in the queue for eventual publication. Read the new [Contributor Guidelines](#) for suggestions and use our [submission form](#), found at [oa.org/lifeline](http://oa.org/lifeline), to send us your submission.

Let's share the miracles of our individual recoveries through this Twelve Step program! Let's make the new *Lifeline* blog a great resource both for the Fellowship and for those who are just discovering OA online. Thank you for your service!

Go to [oa.org/lifeline](http://oa.org/lifeline)

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## A Message about the Annual Appeal from Our Treasurer

*Thank you for your generosity during our Annual Appeal over the years and superior generosity over the last two years. You have enabled OA to secure more innovative methods to do our public information service while keeping our personal information anonymous.*

*After serving on the board's Public Awareness/ Professional Tradeshows Committee for the past two years, I've had an awakening. The complexities of attracting new members worldwide via the web are growing, and the costs to do it right are significant. Finding a way to cut through the online chatter while working within our Traditions is complicated and requires professional expertise.*

*Your Annual Appeal contributions have enabled us to have a broader international reach. For example, for the first time in the history of OA, we were able to have professional interpreters at WSBC.*

*During OA's Annual Appeal, groups are asked to read a letter and collect a separate contribution for the OA general fund. We encourage you to listen for the [Annual Appeal announcement](#) at your meeting and make a contribution if you can. You may also go to [oa.org/contribute](http://oa.org/contribute) and select "Annual Appeal" in the Designation drop-down menu.*

*Thank you for being a part of the solution in partnering with our fellows and*

*actively living our primary purpose: to carry our gorgeous message of recovery to the still suffering compulsive eater, both in and out of the rooms. Thank you for supporting our Annual Appeal!*

*In recovery,*

*Meg M., Region Four Trustee Liaison, Treasurer*

[Read the Annual Appeal announcement](#)

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## Let's Get Ready for Sponsorship Day: August 19–21



Sponsorship Day is a day set aside to acknowledge the importance of sponsoring in our Fellowship. This August 19–21, OA service bodies worldwide will host events to celebrate and examine the role of sponsorship in our recovery and to help OA members find sponsors.

You can be a part of the Sponsorship Day solution! Here are some ways to give service:

- Send your event to OA's Event Calendar by messaging the WSO through OA's social media page at [facebook.com/overeatersanonymousofficial](https://facebook.com/overeatersanonymousofficial) (link opens to third-party website).
- Download sponsorship resources from oa.org, including the "[Sponsorship Success](#)" podcasts and resources found in the [Document Library](#) under the category "Sponsorship."
- Purchase sponsorship literature from bookstore.oa.org, including [A Guide for Sponsors \(#200\)](#), [Sponsoring Through the Twelve Steps \(#220\)](#), and [Sponsorship Kit \(#210\)](#).
- Read the results of a recent OA sponsorship survey ("[Sweeping Survey Sheds Light on Sponsorship in OA, A Step Ahead, Second Quarter 2022 issue, pp. 1–2](#)") for insights to help you plan your event.

According to our recent sponsorship survey, about three out of every ten OA members are available and willing to take on new sponsees. Let's start planning to bring sponsors and sponsees together and bring home to everyone the importance of sponsorship in individual recovery.

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## We Can Pay Booth Fees and More for a Professional Conference in Your Area

The Professional Exhibits Fund has money available to help your service body participate in a trade conference or a convention for professionals who may refer patients and clients to OA. Take a look at the [application](#) to see what expenses OA can help cover. Applications are reviewed monthly, so talk to your service body about local opportunities and apply! Find the application in the [Document Library](#) at oa.org under the category "Public Information."

Download the Professional Exhibits Fund application

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## Digital Files in Translation List Updated Plus More Translation News

If you are wondering whether an OA literature item has been translated, look to the Digital Files in Translation list, which is appended to the [Guidelines for Translation of OA Materials PDF](#). The World Service Office updates this list quarterly, and it contains all licensed OA-literature translations for which the WSO has a digital copy.

Translation funds are available whether you are a registered group or service body or "a small group of interested OA members" who do not yet have an OA service body. Recently, Junccab NSB in Brazil received funding to translate the Business Conferenc Policy Manual and OA, Inc. Bylaws, and





