

Central Iowa Intergroup July Meeting Minutes

“Responsibility Pledge”

**Always to extend the hand and heart of OA to all who share my compulsion;
for this I am Responsible.**

Date/Time: July, 2022 Minutes at 10:30 AM

Introductions: Please state your name and what OA meeting you represent.

Serenity Prayer: Please unmute and join me in the serenity prayer. It is *6 to unmute and *6 to mute for the people on the phone.

Readings: Tradition # 7/Concept # 7 –Michele B.

Attendees: Traci V, Michele B, Jean J, Marcia N, Judy T, Karen W, Diana W, Kathleen S, and Karen B.

Secretary Report: Traci V.

- **Marcia Motioned to approve. Michele B Seconded. Approved.**

Treasurer’s Report: Michele B.

Beginning Balance: \$ 5,755.94

Incoming Balance: \$ 54.00

Outgoing Balance: \$ 74.63

Ending Balance: \$ 3,485.31

Minus Prudent reserve \$2,250.00

- **Marcia Motioned to approve. Judy T Seconded. Approved.**

Chair’s Report: Karen B.

See new business

Region IV Rep: Marcia N.

- Region convention is July 15th – 17th
- Region is looking at refreshing some of the topics. There is a contest to submit an idea of names. Award is up to \$100.00.
- Two openings available in Region 4 they are Chair and Secretary.
- Looking at hard copy vs. eBook
- Meeting owl is being used in regards to meetings. Hybrid meetings. The meeting owl scans the room so you don’t have to move things around.
- Reminder: 3rd Sunday is community conversations.
- Region 4 has a newsletter every month called R4Ward. Encourage to check it out on our website.

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Website Manager: Kris F.

- Not available

PIPO: Kathleen S.

- The billboard should be going up next week. The week of July 11, 2022.
- The next PIPO meeting will be Monday July 11, 2022.
- Coffee news is out.
- Staff members at the VA are interested in knowing about overeaters anonymous.
- July 20th going to Powell. If you would like to share your story please contact Marcia N.

Newcomer Report for the Month of July: Traci V. (Group Reps)

- Friday 5:15 pm – 1 newcomer oa.org
- Sat. 9 Am 1-newcomer oa.org
- Wednesday HOW- 1 newcomer.

Old Business:

Review upcoming Events and Documents

- **Intergroup will meet face-to-face at the Central Presbyterian Church with the option of zoom. Discussion tabled on whether to continue face-to-face or go back to zoom. Traci will send out an email at the end of June and again a couple days before the meeting in July. Traci will cancel the subscription for the conference calling. Judy T. will cancel the booking of the library.**
- **We will be having a face-to-face July intergroup meeting at the Central Presbyterian Church with the option of zoom.**
- Today was Marla S. last meeting as Chair for intergroup, Jean L. as PIPO coordinator, Deb W. as Vice Chair, and Marcia N as WSBC delegate. We thank you so much for all your hard work and service.

New Business:

EVENTS

- Karen passed out the yearly events form to everyone showing what groups have signed up to host the yearly events. Here is a link to view. [Yearly Events Report](#)
- Karen passed out a document with meeting contact names, their phone numbers, and email addresses. If you were not at the meeting and would like a copy please contact

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Karen B at chair@cii.oaregion4.org. This will help you during event planning to contact other groups for advice or help with planning events.

- Karen will have an updated list of all Central Iowa group reps.

SPRING ASSEMBLY

- We discussed the Spring assembly and ideas were thrown out how to host this event.
 - Have a contact person.
 - Contact Region 4 rep, Marcia, for information about Spring assembly or you can also check out the Region 4 website for information on the Spring assembly.
<http://oaregion4.org/>

LITERATURE

- Maybe have a central place to store literature.
 - Possible literature committee

SURVEY

- Possible committee
- Purpose of the survey is to assist CII to identify what we can do to support your group.
- What meeting is this survey representing?
- What are your strengths?
- What challenges are your groups experiencing?
- What needs does your group have at this time?
- Do you have an intergroup rep?
 - If not, reasons why?
- What is the average number of people that attend your meeting?
- Please take this survey to your next business meeting.
- **Traci will type up a survey questionnaire and send out to all the Central Iowa Board Members to share with their groups. Please check your email and if it is not in your inbox please check your spam or junk folder.**

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- There was a motion to go back to zoom. It was seconded. Approved. We will go back to zoom effective at our August 2022 intergroup meeting. Traci will send the zoom invite a few days before the meeting.
- Traci will have the meeting minutes typed up and put on the website by the following Monday. She will send them out to the board members, but if you cannot find them or lost them please utilize the central Iowa intergroup website to get another copy at <https://oadsm.org/> or <https://oacentralia.org/> under the “Intergroup” navigation tab at the top of the website.

Closing: OA Promise

I put my hand in yours, and together we can do what we could never do alone. No longer is there a sense of hopelessness, no longer must we depend on our own unsteady willpower. We are all together now, reaching out our hands for power and strength greater than ours, and as we join hands, we find love and understanding beyond our wildest dreams.

Meeting adjourned at 12:05 pm

Respectfully submitted by Traci V.